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# SADYOJATA BALAK PARICHARYA

## REFERENCES:

- Charka - Ch. Sha. 8/44
- Sushrut - SU.Sha.10/12
- Vrudha Vagbhatta – A.S.U. 1/ 1...
- Vagbhatta – A.H.U.-1/1...



# As Per Acharya Charka

1. Ashmano sanghtan
2. Mukh parishek
3. Nispuniyu
4. Snana
5. Udak grahanam
6. Pramarnjan
7. Prachhadarnam
8. Sneha Pichu.
9. Kalpanam nadya
10. Jaat karma
11. Raksha vidhana



# As Per Acharya Sushrut

1. Mukh vishodhan
2. Murghni pichu
3. Nabhinadi chedan
4. Aashvasan
5. Jat karma
6. Abhyanga
7. Snana
8. Stana pana





# As Per Vrudhha Vagbhata

- Ulba vishodhana
- Prana pratyagamana
- Nishpuniyat
- Nabhinaloacchedan
- Snaapana
- Jivha-oshtadi sansodhana
- Sneha pichu
- Prashanam
- Garbhodak vamana
- Jat karma
- Stanya pan vidhee
- Karnapath snehadanam
- Sanveshana
- Vijanadi upachar



# As Per Acharya Vagbhata

- Ulba vishodhana
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# As Per Acharya Charka

## 1. Ashmano sanghttanam:

- It is to produce sound near the ear of newborn with the help of two stones.

## 2. Mukhaparisheka:

Depending upon Ritu

- Sheet- Udaka
- Ushna- Udaka





# As Per Acharya Charka

## 3. Nispuniyu:

- To do fanning near Neonate with the help of krushana kapalika surpa
- Till pran- pratyagaman.

## 4. Snana: Not specific.

## 5. Udakgrahan:

- मलमार्ग शौचार्थम् - Cleaning of malamarga

# As Per Acharya Charka

## 6. Pramajan (To clean):

- Cleaning of Talu, Oustha, Kantha, Jivha

- सुपरिलिखत नखया

- सुप्रक्षालित

- उपघानकार्पास पिचुमत्या

## ७ .Sneha pichu:

### Shirsi pichu



# As Per Acharya Charka

## 8. Kalpanam Nadya:

- Nabhi bandhan – 8 Angula.
- With sutra (thread).
- Marking.
- Ardha dhhar shshtra.
- Kanthe avsrujyate.
- Lapan - lodhra, Priyangu, Madhuka, Surdaaru, Hardidra kalka/Tail.

# As Per Acharya Charka

Kalpanam Nadya:

- Asamyak kalpanam-  
Vinamika,  
Vijrubhika  
Utundita  
Anamika



# As Per Acharya Charka

## 9. Jaat karma:

‘जातमात्रस्य वेदोक्त कर्म जातकर्म’

- Madhu+ Sarpi Prashanm.( Mantra upamantritam)
- Stanapaan- from dakshin stana (right)



# As Per Acharya Charka

- UX U \_ Ukumbha, sthapana.
- Vruksh shakha ! Adani, Khadir, Karkandhu, Pilu, parushaka.
- Sarshap( yellow)+ Chaval(rice)
- Hc a !Tandul bali
- Mi g U òn! door
- Agni prajvalan
- Pottali V U b X \ U b ! vachha, kushta, kshouma vastra, Hingu, Sarshap, Tisi, Lasun, Chaval.
- JU [ U f U % b \$ !! % & ' X
- Prassan chit samudaya
- S\ U b hD]U!U hHòm, as per Atharva veda.

# As Per Acharya Sushrut

## 1. Mukha vishodhanam:

- Saindhava+ sarpi
- Ulba Apaniyam- (jarayu vishodhanam)
- Mukham cha vishodhyam- Nirmali krutyam

## 2. Murghni Pichu:

Ghritaktam- Dipped in Ghrita  
Bahmaadeva- Pichu- balatail.

अथ जातस्य उल्बम् अपनीय मुखं च सैंधव सर्पिषा  
विशोध्य घृताक्तं मूर्घ्नि पिचु दध्यात् . . .





# As Per Acharya Sushrut

## 3. Nabhinadi chhedan:

- At a distance of 8 Anguli.
- Tie it with sura.
- Chhedan is done.
- Remaining part is encircled around neck of the child.

## 4. Aashvashan :

Sheeta jala- Yoni-Yantra Murchhitam Baalam



# As Per Acharya Sushrut

## 5. Jaat karma:

- Madhu+ sarpi+ Ananta churnam Lehan
- With anamilka anguli
- Praman- Gunja praman.
- Ananta churna- Suvarna churna.

## 6. Abhyanga:

- Bala tail.



# As Per Acharya Sushrut

## 7. Snana:

▶ Kshirivruksh kashaya – Pittaghana

Sarva gandhodaka- Vaatghna

Rupa - Hema pratapten- Vibhavaan.

▶ Kapitha patra kashya

कोष्णेन - यथा दोषेण - यथा कालेन - यथा विभवं



# As Per Acharya Sushrut

## 8. Stana-Paan:

- Kaal- 'चतुरात्रात् त्रिरात्रात् वा'
- Prathme- Madhu+Sarpi+Ananta-Trikaal – Gunja pramaanam
- Dvitiye - Laksmana sidhha sarpi
- Trutiye - Laksmana sidhha sarpi
- Chaturthe – Madhu+ Sarpi- dwikaal- Pramaan- 'स्व पाणितल संमितम्'





# As Per Acharya Vagbhata

- Ulba vishodhana
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# As Per Acharya Vagbhata

Ulba vishodhana

- Sanidhav sarpi-

Prana Pratyagamana:

- Bala tail parishek
- Ashmano vadanam
- Mantra chikitsa- Dakshin karna



# As Per Acharya Vagbhata Nishpuniyat

- Krushnakaplika surpa

## Nabhinaloacchedan :

- D] g h U b 4 anguli.
- Tie with
- Cutting with tikshana shashtra
- Remaining part tie arround neck
- Kustha tail application.



# As Per Acharya Vagbhata

Snaan:

Kshirivruksh kashaya –

Sarva gandhodaka-

Tapaniya- Rajat – Koshana.



# As Per Acharya Vagbhata

## Jivhoshtadi sansodhana:

- सुपरिलिखत नखया
- सुप्रक्षालित
- उपघानकार्पास पिचुमत्या
- दक्षिण प्रदेशिन्या 'द्वितिया'



# As Per Acharya Vagbhata

## Sneha pichu:

- Sneha pichu on shira pardesh
- With index fingure of right hand.



# As Per Acharya Vagbhatta

## Prashanam:

- Andri+ Brahmi+ vachha+ Shankhpushpi + Ghrita+ Madhu
- Chamikar+ vachha +Brahmi + Tapya +Pathya+ Rajikruta.  
**BRAMHI**



# As Per Acharya Vagbhata

## Garbhodak vamaana:

- Sandhav and sarpi

गर्भाम्भ सैधवत्ता सर्पिषा वामयेतः

- Jat karma:

‘प्राजापत्येन विधिना जातकर्माणि कारयेत



